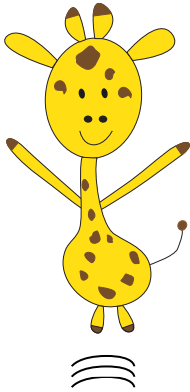


EXAMPLE OF FEELINGS

FEELINGS ASSOCIATED WITH MET NEEDS

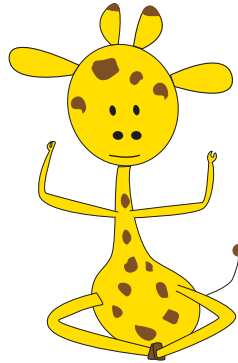
INSPIRED

eager
enthused
motivated
moved
psyched
stimulated
stirred
wonder



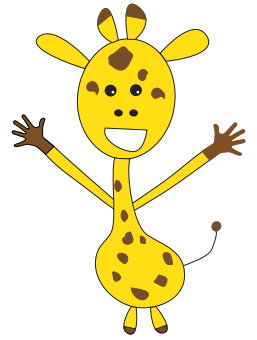
PEACEFUL

calm
comfortable
centered
content
equanimity
fulfilled
quiet
relaxed
relieved



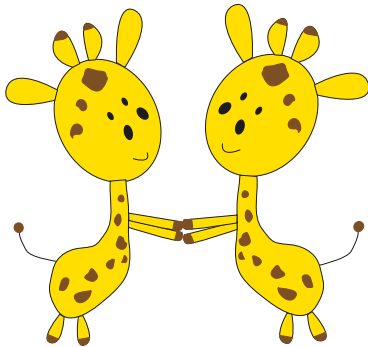
EXCITED

amazed
ardent
aroused
energetic
enthusiastic
invigorated
lively
passionate
surprised



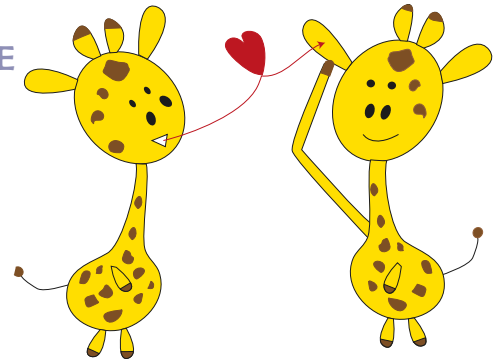
GRATEFUL

appreciative
moved
thankful
touched



AFFECTIONATE

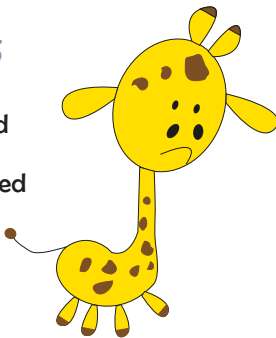
compassionate
fond
loving
openhearted
tender
warm



FEELINGS ASSOCIATED WITH UNMET NEEDS

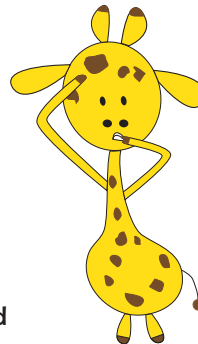
SADNESS

depressed
disappointed
discouraged
heavy hearted
hopeless
melancholy
miserable
unhappy



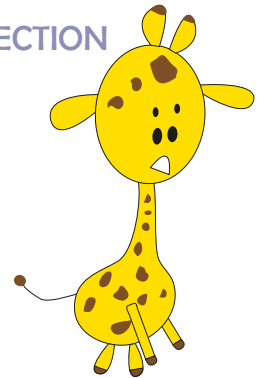
TENSION

anxious
closed
distressed
edgy
fidgety
frazzled
frustrated
jittery
nervous
overwhelmed
restless
stressed out



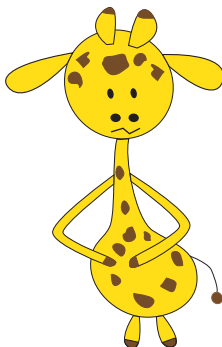
DISCONNECTION

apathetic
bored
closed
detached
distant
indifferent
listless
numb



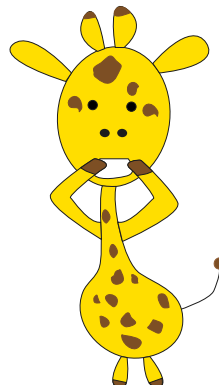
PAIN

aching
agony
anguished
devastated
grief
heartbroken
hungry
hurting
lonely
miserable
regretful
remorseful



FEAR

afraid
anxious
apprehensive
fearful
frightened
insecure
panicked
scared
terrified
worried



FATIGUE

beat
burnt out
depleted
exhausted
listless
sleepy
tired
weary
worn out

